

What have you been up to?
Stephanie Newman, Ph.D, FABP shares her news

American Board of Psychoanalysis

Fellows in the NEWS

Stephanie Newman, Ph.D., FABP

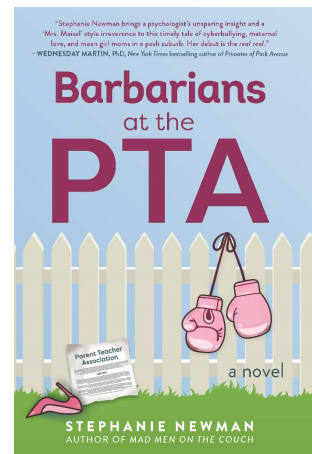
Stephanie Newman, PhD, a Fellow from PANY, has published a novel. Book informed by a psychoanalytic perspective and deals with contemporary issues such as parenting teens, navigating social media, and overcoming bullying.

New Book: Barbarians at the PTA

Desperate Housewives Meets Mean Girls in this Heartfelt and Hilarious Debut Novel about a Mother-Daughter Duo Facing Cliques, Cyberbullying, and Snobs in a Wealthy NYC Suburb

Victoria Bryant is starting over. After a rage-inducing scandal and the realization that her dreamy fiancé is faker than a faux Fendi purse, she moves her psychology practice and 10-year-old daughter, Rachel, to Mayfair Close, an idyllic Westchester, NY, suburb known for its manicured lawns and excellent schools.

The transition is initially seamless; several PTA moms befriend Victoria, her already busy practice booms, and Rachel finds a group of friends. But before anyone can say "helicopter mom," in walks Lee DeVry. Wealthy, glamorous and perfectly toned, the PTA president is everything Victoria is not.



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Vic tries to fit in with Lee and the other SUV driving, athleisure-wearing mothers. At first, she manages to balance the demands of her practice, single parenthood, and her budding romance with Jim, a handsome school administrator. All seems well until Rachel is suddenly targeted, first by the girls at school, and then by an anonymous cyberbully. As Rachel spirals, becoming isolated, playing hooky, and exhibiting signs of depression and disordered eating, Victoria vows to find out who has been messing with her daughter.

After she learns a secret that will help her rescue her child, Vic faces the ultimate dilemma: should she expose the bully publicly, despite the potential consequences to her professional reputation and relationships with Rachel and Jim?

A hilarious, sharp, and hope-filled debut, *Barbarians at the PTA* will have you cheering for badass moms everywhere who go to the ends of the earth for their children—and will leave you wanting more from Dr. Stephanie Newman.



DR. STEPHANIE NEWMAN is a clinical psychologist/psychoanalyst in private practice in NY, a Visiting Scholar/Clinical Supervisor at Columbia University, a faculty member at PANY the institute affiliated with NYU School of Medicine, and a member of APSaA's Committee on Public Information.

Dr. Newman has over 20 years' experience providing insight oriented talk therapy for those with anxiety, depression, relationship, health, and workplace difficulties.

She is a co-editor of *Money Talks* a collection of essays from esteemed analysts about money and its meaning in analytic practice, the author of *Mad Men on the Couch* a psychological discussion of the characters on the popular TV show, and a regular contributor to *Psychology Today* online. *Barbarians at the PTA* is her first novel.



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